

# Step out for Dove House's 5k wine dash

Raise a glass and some money for hospice charity

**I**ts organisers believe this could be the only race in the world with its own wine list.

Certainly, the 5K run due to be staged in July in aid of Hull's Dove House Hospice includes drinks stations with a difference.

Four different tipples will be available to participants in the Wine Dash, taking place on Saturday, July 20, through the scenic Little Wold Vineyard, in South Cave.

Runners and walkers alike are welcome to enter into the spirit of the event, during which nibbles will be served, with a glass of something special served to those crossing the finish line.

Anita Brien, events co-ordinator for Dove House, said: "This is a truly unique event in a beautiful location.

"The vineyard is at the top of a hill on the popular Wolds Way and enjoys stunning views across the River Humber.

"What better way to spend a summer's day than enjoying some fresh air and a few glasses of wine, while raising money for a fantastic cause at the same time?"

Tickets for the Wine Dash cost £30, which includes four glasses of wine (supplied by House of Townend), with nibbles, and another glass (from Little Wold Vineyard) to celebrate on the finish line.

Non-drinkers are also welcome and can take part for a reduced fee of £15. Designated drivers are free and there will be a selection of non-alcoholic drinks at each station along the route.



by  
Debbie  
Hall

The event is expected to appeal to everyone from wine buffs to runners and groups of friends or family to work colleagues.

"Whether you are a runner who enjoys tackling different races or a team of mates who would like to meander around having a good catch-up, we look forward to meeting you," said Anita.

There are staggered start times for the 5K Wine Dash through the vineyard, at 11am, noon and 1pm.

The event is aimed at adults, but families are welcome to join in at 1pm. Local food will also be available at the finish.

Anyone keen to complete a longer distance can join a 15-mile walk, which starts at 9am, taking in the last 5K of the Wine Dash route.

Little Wold Vineyard has been producing award-winning wines for a number of years, from the 8,000-plus vines grown on the family farm where it is based.

Its first crop was harvested in 2016 and two of its sparkling wines, Henry's Harvest and Heather's Sparkle, both won bronze awards at the Wines of Great Britain Awards.

Dove House Hospice provides free specialist care for people living with a terminal illness in Hull and the East Riding. While it receives some Government funding, the majority of the charity's running costs are raised within the local community.

■ Visit [www.dovehouse.org.uk](http://www.dovehouse.org.uk) for details on how to register for the Wine Dash.





Dove House's Wine Dash will take place through the scenic Little Wold Vineyard.